


Week 1: 13th Apr, 4th May,  
25th May, 15th Jun, 6th Jul,  
27th Jul, 17th Aug, 7th Sep,  
28th Sep, 19th Oct

 **Homemade Bread,**  
selection of seasonal  
**Vegetables / fresh Salad &**  
**fresh Fruit served daily.**

Selection of cold  
Sandwiches served daily.

# Chellow Heights Special School (Low Moor)

## Menu

**Mon**



### ProVeg Halal Mild Chicken Curry

Indian inspired  
aromatic Red Tractor  
Halal Chicken, Sweet  
Potato & Vegetable  
Curry, served with  
Rainbow Rice.



### ProVeg Creamy Mac & Cheese

A Macaroni  
Pasta dish, coated  
in a creamy Mature  
Cheddar Sauce,  
served with crusty  
Bread.



### Chinese Quorn Curry

A Chinese-style Quorn  
Curry, served with  
Rainbow Rice.

**Assorted  
Jacket  
Potatoes /  
Selection of  
Sandwiches**



### Lemon Shortcake & Custard

A rich Shortbread  
finger with a hint of  
Lemon, served with  
Custard.

**Tue**



### Halal Keema Whirl

Red Tractor  
Accredited HMC Beef  
Mince & Vegetables  
seasoned with Indian  
Spices and encased in  
Pastry.

### Pork & Carrot Meatballs in Tomato & Herb Sauce

Red Tractor Accredited  
Pork & Carrot Meatballs  
with homemade Tomato  
& Herb Sauce served with  
Pasta & Garlic Bread.



### Golden Cheese Whirl

Cheese, Potato &  
Onion, encased in  
Puff Pastry, served  
with Seasoned  
Potatoes.

**Assorted  
Jacket  
Potatoes /  
Selection of  
Sandwiches**



### Sprinkle Cake

Homemade -  
reduced sugar -  
Vanilla Sponge,  
lightly topped with  
water Icing and  
Sprinkles.

**Wed**



### Halal Roast Chicken Breast

Red Tractor accredited  
HMC Chicken Breast,  
served with Yorkshire  
Pudding, Roast  
Potatoes & Vegan Gravy.

### Roast Turkey Dinner

Red Tractor Accredited  
sliced Turkey Breast,  
served with Yorkshire  
Pudding, Roasties &  
Gravy.



### Savoury Soya Mince in Yorkshire Pudding

Soya Mince &  
Vegetables, served in  
a Yorkshire Pudding.

**Selection of  
Sandwiches /  
Hot Sub Roll**



### Decorated Fruit Jelly

Jelly with Fruit,  
topped with Fresh  
Cream.

**Thu**



### Classic Cheese & Tomato Pizza

Wholemeal 50/50 base,  
topped with a  
lightly spiced Sauce  
and topped with  
Mozzarella / Cheddar  
Cheese, served with  
Chips / Jacket Wedges.



### Vegetable Samosa

Vegetables in a light  
Spice, encased in  
Pastry & baked. Served  
with Raita, Chips /  
baked Jacket Wedges.

**Assorted  
Jacket  
Potatoes /  
Selection of  
Sandwiches**



### Chocolate Sponge & Chocolate Sauce

Homemade, light  
Chocolate Sponge,  
served with  
Chocolate Sauce.

**Fri**

### MSC Breaded Fish Fillet Fingers

MSC Fish Fillet  
Fingers, served with  
Chips / Jacket Wedges.

### MSC Salmon & Sweet Potato Fishcake

MSC Salmon & Sweet  
Potato, served with  
Chips / Jacket Wedges.



### Arrabiata Pasta

Chilli Tomato Sauce  
with Lentils & Peppers,  
served with Pasta &  
Crusty Bread.

**Assorted  
Jacket  
Potatoes /  
Selection of  
Sandwiches**



### Vanilla Sponge

Homemade, light  
Vanilla Sponge, with  
a hint of Vanilla,  
served with Custard.




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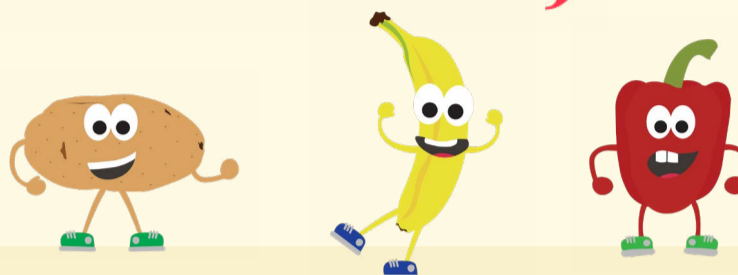
Week 2: 20th Apr, 11th May,  
1st Jun, 22nd Jun, 13th Jul,  
3rd Aug, 24th Aug, 14th Sep,  
5th Oct, 26th Oct

 **Homemade Bread,**  
selection of seasonal  
**Vegetables / fresh Salad &**  
**fresh Fruit served daily.**

Selection of cold  
Sandwiches served daily.

# Chellow Heights Special School (Low Moor)

## Menu



### Mon

 **Halal  
Chicken Burrito**  
Red Tractor  
Accredited HMC diced  
Chicken Curry & Rice in  
a Tortilla Wrap & baked.

 **Pomodoro Pasta**  
A simple, delicious,  
rich Tomato Sauce  
with Beans, served  
with Crusty Bread.


**Assorted  
Jacket  
Potatoes /  
Selection of  
Sandwiches**


 **Peaches & Ice  
Cream with Syrup**  
Vanilla Ice Cream  
with Tinned Peach  
Slices, with a  
Chocolate flavoured  
Syrup.

### Tue


 **Golden  
Cheese Flan**  
Mature Cheddar  
Cheese & Egg, baked  
in a Pastry case,  
served with Seasoned  
Potatoes, Seasonal  
Vegetables / Salad.

 **Chinese Quorn  
Curry**  
A Chinese-style Quorn  
Curry, served with  
Rainbow Rice.

**Selection of  
Sandwiches /  
 Hot Sub Roll**

 **Lemon Drizzle**  
A fluffy Lemon  
Sponge with Icing  
Drizzle, served with  
optional Custard.


### Wed

 **Halal Chicken Bhuna**  
Red Tractor accredited  
HMC Chicken stir-fried  
and slow cooked in a  
spicy Bhuna Masala.


**Chicken Tikka  
Masala with Pilau  
Rice / Naan Bread**  
Red Tractor Accredited  
diced Chicken &  
Chickpeas in a mild  
Curry Sauce, with Pilau  
Rice / Naan Bread.


 **Mascarpone  
Pasta**  
A creamy Sauce  
with Tomatoes,  
Mascarpone Cheese  
and Herbs, served  
with Crusty Bread.

**Assorted  
Jacket  
Potatoes /  
Selection of  
Sandwiches**

 **Paris Sandwich**  
A light, sweet  
Pastry with Jam,  
sandwiched in  
between, served with  
Custard.

### Thu

 **Classic Cheese &  
Tomato Pizza**  
Wholemeal 50/50 base,  
topped with a  
lightly spiced Sauce  
and topped with  
Mozzarella / Cheddar  
Cheese, served with  
Chips / Jacket Wedges.

 **Loaded  
Rainbow Pizza**  
Wholemeal 50/50  
base topped with a  
lightly spiced Sauce,  
and topped with  
Mozzarella / Cheddar  
Cheese & Chips /  
Jacket Wedges.

**Assorted  
Jacket  
Potatoes /  
Selection of  
Sandwiches**


 **Marble Sponge &  
Chocolate Sauce**  
Homemade Sponge  
with hints of both  
Vanilla & Chocolate  
Cake, served with  
Chocolate Sauce.

### Fri

 **Halal Chicken  
Burger in a Bun**  
Red Tractor  
accredited HMC  
Chicken Burger,  
served in a Bread Roll  
with Salad and Chips  
/ Jacket Wedges.

**Pork & Beef Hotdog  
with Tomato Sauce**  
Red Tractor accredited  
Sausage, served in a Hot  
dog bun with baked Potato  
Wedges / Chips.

 **Quorn Pattie  
Burger in a Bun**  
Quorn  
Sausage-style  
Pattie, served in  
a Breadcake with  
baked Jacket  
Wedges / Chips.

**Selection of  
Sandwiches /  
 Hot Sub Roll**

 **Gallydale Biscuits**  
Homemade, crumbly,  
Oaty Biscuit.




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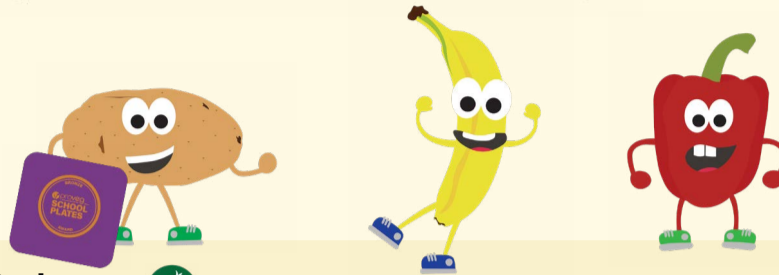
Week 3: 27th Apr, 18th May,  
8th Jun, 29th Jun, 20th Jul,  
10th Aug, 31st Aug, 21st Sep,  
12th Oct, 2nd Nov

 **Homemade Bread,**  
selection of seasonal  
**Vegetables / fresh Salad &**  
**fresh Fruit served daily.**

Selection of cold  
Sandwiches served daily.

# Chellow Heights Special School (Low Moor)

## Menu



**Mon**



**Halal Keema & Peas**  
Red Tractor Accredited HMC Beef Mince & Peas, served with a Spicy Pilau Rice.

**ProVeg Beef & Red Lentil Bolognese & Garlic Bread**

Red Tractor accredited Beef Mince & Lentils in a Tomato & Vegetable Sauce, served with Pasta & Garlic Bread.



**Mascarpone Pasta**

A creamy Sauce with Tomatoes, Mascarpone Cheese and Herbs, served with Crusty Bread.

**Assorted Jacket Potatoes / Selection of Sandwiches**



**Flapjack**

A sweet Bar made with Oats, Golden Syrup & Butter.

**Tue**



**Golden Cheese Roll**  
Cheese mix wrapped in Puff Pastry, served with Creamed Potatoes & Seasonal Vegetables.



**Chickpea Tikka Masala**  
Chickpea's cooked in a Tikka Masala Sauce, served with Basmati Rice.



**Neapolitan Pasta**  
Seasonal Veg, Beans & Herbs cooked and blended into a rich Tomato Sauce, served with Pasta.

**Selection of Sandwiches / Hot Sub Roll**



**Strawberry Sponge & Custard**  
Homemade, light Vanilla Sponge with a Strawberry Jam Swirl, served with Custard.

**Wed**



**Halal Chicken Kebab**  
Red Tractor Accredited HMC minced Chicken with Indian spices served on a Flatbread / Tortilla with Salad & Riata.

**Hot Turkey Sub**  
Roast Turkey & Gravy with optional Stuffing, served in a Sub Roll.



**Pomodoro Pasta**  
A simple, delicious, rich Tomato Sauce with Beans, served with Crusty Bread.

**Assorted Jacket Potatoes / Selection of Sandwiches**



**Pears & Ice Cream with Syrup**  
Vanilla Ice Cream with Tinned Pear Slices, with a Chocolate flavoured Syrup.

**Thu**



**Classic Cheese & Tomato Pizza**  
Wholemeal 50/50 base, topped with a lightly spiced Sauce and topped with Mozzarella / Cheddar Cheese, served with Chips / Jacket Wedges.



**Arrabiata Pasta**  
Chilli Tomato Sauce with Lentils & Peppers, served with Pasta & Crusty Bread.

**Assorted Jacket Potatoes / Selection of Sandwiches**



**Chocolate Sponge & Chocolate Sauce**  
Homemade, light Chocolate Sponge, served with Chocolate Sauce.

**Fri**

**MSC Battered Fish Fillet**  
MSC Battered Fillet of Fish, served with Chips / Jacket Wedges.



**Vegetable Pakoras**  
Mixed Vegetables & Onion coated in Tempura Batter, served with Chips / baked Jacket Wedges & Riata.

**Selection of Sandwiches / Hot Sub Roll**



**Butterfly Buns**  
Individual, decorated Sponge-based Dessert.



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