

FLAMINGO CHICKS RATIONALE:

2025/26

Flamingo Chicks classes follow a theme which changes every year and is linked to the curriculum. Within the theme the teacher will bring lots of sensory props and costumes to allow the children to be immersed into a world of magic and wonder.

SUPPORTS PHYSICAL DEVELOPMENT – Flamingo Chicks dance and movement sessions strengthens posture, balance, coordination and body awareness in a structured and supportive way.

ENCOURAGES DISCIPLINE AND ROUTINE – Follows a predictable structure and sequence, which can help SEN learners feel secure and focused.

ENHANCES MOTOR PLANNING AND CONTROL – Repetitive movement patterns improve both fine and gross motor skills, especially in children with dyspraxia or developmental delays.

BOOSTS EMOTIONAL REGULATION – The calming nature of music and movement helps children manage emotions and reduce anxiety or overstimulation.

FOSTERS EXPRESSIVE COMMUNICATION – Offers a non-verbal way to express feelings and ideas, ideal for children with limited speech or social communication difficulties.

BUILDS CONFIDENCE AND SELF-ESTEEM – Mastering steps and participating in performances (even informally) fosters pride and a sense of achievement.

IMPROVES CONCENTRATION AND MEMORY – Learning and remembering sequences of movements enhances attention span and cognitive function.

ENCOURAGES SOCIAL INTERACTION – Group classes help develop turn-taking, following instructions and working alongside peers in a low-pressure setting.

INCLUSIVE AND ADAPTABLE – Can be modified for all physical and cognitive abilities, allowing every child to participate and succeed at their level.

STIMULATES SENSORY INTEGRATION – Movement to music supports vestibular and proprioceptive input, aiding children with sensory processing challenges.